

Our Aim

Is to provide quality care for patients with upper limb injuries.



We provide protective and functional orthotics for both surgical and non-surgical patients.

Pre-operative assessment and monitoring of upper limb conditions.

Provide holistic care of the patient with an upper limb injury including return to work and driving assessments.

Improve hand function and strength through group work and individual exercise programs.

Our Team

Our therapists have significant experience in hand and upper limb rehabilitation.

And regularly present at both national and international conferences.



We're a social bunch...let's connect



CALL US
1300 762 227

Providing Hand & Upper Limb Therapy across Victoria.

Get in Contact



1300 762 227



aradmin@actionrehab.com.au



urgentcare@actionrehab.com.au



Clinics located throughout VIC



www.actionrehab.com.au

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Your Injury
Your Outcome
Our Passion

PROVIDING SHOULDER, ELBOW,
WRIST, HAND THERAPY



Patient Information Brochure

ACTION REHAB
Shoulder Elbow Wrist Hand



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About Us

Action Rehab provides assessment and rehabilitation for patients who sustain an injury or are living with an upper limb condition.



Our Passion

By focusing exclusively on hand and upper limb injuries, we have developed a deep expertise in this area, allowing us to deliver exceptional care that promotes recovery and enhances your quality of life.

We Treat

Hand, elbow and shoulder injuries including:

Fractures

Dislocations

Tendon injuries

Hypertrophic & keloid scars

Sports injuries

Arthritis

Overuse injuries

Soft tissue injuries

Work-related injuries



Services Include:

- Assessment of the upper limb
- Custom, waterproof thermoplastic splints and sportsguards
- Exercise programs focusing on increased range of movement
- Driving and return to work assessment
- Group strengthening and education programs
- Liaison and consultation with other specialists

Urgent Care



urgentcare@actionrehab.com.au

We provide urgent on the day appointments for all injuries and have access to a broad group of surgeons if required.

Costs

Hand Therapy or Occupational Therapy/Physiotherapy is covered by Workcover, TAC and DVA and there is no cost to the patient.

Private patients are charged for services and in many cases can claim up to 80% of the cost of consultation and splinting through their private health insurance.

The Enhanced Primary Care Program through Medicare can provide up to five consultations that can be bulk billed for patients with chronic conditions under a care plan.

Pensioner rates are also available.

 **1300 762 227**

Book Online



Scan to access our [online booking portal](#) and find a [clinic near you](#).

www.actionrehab.com.au