

About Us

We are a dedicated team of Physiotherapists & Occupational Therapists providing primary acute care for closed shoulder, elbow, wrist, hand and finger injuries.



CALL US
1300 762 227

Providing Hand & Upper Limb Therapy across Victoria.



Get in Contact



1300 762 227



aradmin@actionrehab.com.au



urgentcare@actionrehab.com.au



Clinics located throughout VIC



www.actionrehab.com.au

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ACTION REHAB
Shoulder Elbow Wrist Hand

**PROVIDING
SHOULDER, ELBOW,
WRIST, HAND THERAPY**



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Custom Thermoplastic Orthosis & Sportsguards



Strengthening & Exercise Rehabilitation



Urgent Care Available



Treatment for Triage of Conditions

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Our Passion

By focusing exclusively on hand and upper limb injuries, we have developed a deep expertise in this area, allowing us to deliver exceptional care that promotes recovery and enhances quality of life.



We provide assessment and management of a broad range of hand and upper limb conditions.

Our treatment plans are individually tailored to support each patient's functional goals and clinical needs.



TRIAGE OF CONDITIONS WE CAN HELP WITH:

- Urgent care for sport & work-related injuries
- Closed finger, hand & wrist fractures
- Onsite waterproof custom casting & thermoplastic orthosis
- Mallet finger
- Ligament injuries including dislocation, UCL & Skiers Thumb
- Tendinopathies such as De Quervain's Tenosynovitis,
- Lateral Epicondylitis & Rotator Cuff
- Dislocations & sprains
- Frozen shoulder

Benefiting you and your patients

We provide urgent on the day appointments for all injuries and have access to a broad group of surgeons if required.

Learn More

We are here to assess, splint, rest, exercise, strengthen, and rehabilitate injuries and conditions, helping your patients get back to what they love.

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