

About Us

We are a team of expert Physiotherapists & Occupational Therapists providing primary acute care for closed shoulder, elbow, wrist and hand injuries.



We Treat

- ✔ Work related injuries
- ✔ Urgent fracture & dislocation management
- ✔ Tendinopathies, De Quervain's, Tennis Elbow, Rotator Cuff
- ✔ Sprains & strains

INJURED AT WORK?

 **CALL US**
1300 762 227

Providing Hand & Upper Limb Therapy across Victoria.

GET IN CONTACT

- ✉ aradmin@actionrehab.com.au
- ✉ urgentcare@actionrehab.com.au
- 🏠 Clinics located throughout VIC

WANT TO LEARN MORE?

Scan for additional info



www.actionrehab.com.au

Injured at work?

If you are experiencing pain, swelling, discomfort, or dysfunction of the joints, anywhere from your shoulder to your fingers

Action Rehab are here to lend a hand with your recovery



TAKE ACTION

ACTION REHAB
Shoulder Elbow Wrist Hand

 **1300 762 227**

urgentcare@actionrehab.com.au

 **Clinics located across VIC**

TAKE ACTION



YOUR INJURY | YOUR OUTCOME | OUR PASSION

By focusing exclusively on hand and upper limb injuries, we have developed a deep expertise in this area, allowing us to deliver exceptional care that promotes recovery and enhances quality of life.

We are experts in the management of common hand & upper limb conditions. We provide assessments and treatment that are tailored to the individual.

We provide

- ✔ Urgent same day appointments
- ✔ Referral to imaging
- ✔ Return to work plan
- ✔ Strength & exercise rehabilitation
- ✔ Custom thermoplastic orthosis
- ✔ Management of upper limb conditions

How we can help

We provide urgent on the day appointments for all injuries and have access to a broad group of surgeons if required.

We are here to assess, splint, rest, exercise, strengthen, and rehabilitate injuries and conditions, helping your patients get back to what they love.

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MORE

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